

Cara Kowalski - LMT

I am a licensed massage therapist in practice since 2000.

I specialize in swedish, deep tissue, and prenatal massage.

Over the years I've worked with clients who suffer from autoimmune disease, migraine headaches, those who have had joint replacement or sports related injuries, as well as those just looking for relaxation.

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Carakowalski.com

**All MTI members receive a 10% discount
off of any regularly priced massage.**

Thanks so much for all you do!